Connect to OCT Standards of Practice and OLF

**Leadership in Learning Communities**
Members promote and participate in the creation of collaborative, safe and supportive learning communities. They recognize their shared responsibilities and their leadership roles in order to facilitate student success. Members maintain and uphold the principles of the ethical standards in these learning communities.

**Social Resources**

Including the ability to:

1. perceive emotions

• recognizing our own emotional responses

• discerning emotional responses in others through verbal and nonverbal cues

2. manage emotions

• reflecting on our own emotional responses and their potential consequences

• persuading others to likewise reflect on their responses

3. act in emotionally appropriate ways

• being able to exercise control over which emotions guide our actions

• being able to help others act on emotions that serve their best interests

**Psychological Resources**

1. Optimism

• habitually expecting positive results from our efforts

• recognizing where we have, and do not have, opportunities for direct influence and control

• taking positive risks

2. Self-efficacy

• believing in our own ability to perform a task or achieve a goal

• as a result of positive self-efficacy, taking responsible risks, expending substantial effort, and persisting in the face of initial failure

3. Resilience

• being able to recover from, or adjust easily to, change or misfortune

• being able to thrive in challenging circumstances