

Primary Grades: Human development and sexual health	Grade 1	Grade 2	Grade 3
	<ul style="list-style-type: none"> • Body parts • Senses and functions • Hygienic procedures 	<ul style="list-style-type: none"> • Stages of development • Oral health (e.g., brushing, flossing, visits to dentist) 	<ul style="list-style-type: none"> • Healthy relationships • Physical and emotional development • Visible/invisible differences, respect
Junior Grades: Human development and sexual health	Grade 4	Grade 5	Grade 6
	<ul style="list-style-type: none"> • Puberty – changes; emotional, social impact • Puberty – personal hygiene and care 	<ul style="list-style-type: none"> • Reproductive system • Menstruation, sperm production • Emotional, interpersonal stresses in puberty 	<ul style="list-style-type: none"> • Development of understanding of self • Understanding puberty changes, healthy relationships • Decision-making in relationships • Stereotypes and assumptions – impacts and strategies for responding
Elementary Intermediate Grades: Human development and sexual health	Grade 6	Grade 7	Grade 8
	<ul style="list-style-type: none"> • Development of understanding of self • Understanding puberty changes, healthy relationships • Decision- making in relationships • Stereotypes and assumptions – impacts and strategies for responding 	<ul style="list-style-type: none"> • Delaying sexual activity • Sexually transmitted infections (STIs) and pregnancy prevention • Sexual health and decision-making • Relationship changes at puberty 	<ul style="list-style-type: none"> • Decisions about sexual activity; supports • Gender identity, sexual orientation, understanding of self • Decision-making, contraception • Relationships and intimacy

Secondary Intermediate Grades: Human development and sexual health	Grade 9	Grade 10
	<ul style="list-style-type: none"> • Preventing pregnancy and STIs • Factors affecting gender identity and sexual orientation; supports • Relationships – skills and strategies • Thinking ahead about sexual health, consent, personal limits 	<ul style="list-style-type: none"> • Decision-making, communication, healthy sexuality • Misconceptions relating to sexuality • Relationships – effects on self and others
Secondary Senior Grades: Human development and sexual health	Grade 11	Grade 12
	<ul style="list-style-type: none"> • Mental illness, addictions – causes, manifestations, effects on personal health and well-being • Reproductive and sexual health; proactive health measures 	<ul style="list-style-type: none"> • Skills and strategies for evolving relationships • Identifying personal aptitudes and interests; developing life plans • Maintaining health and well-being when independent • Bias and stereotyping in media portrayal of relationships